

Second Helpings

MARCH 2023

**Second Avenue United Methodist Church
801 East Second Avenue
Rome, GA 30161
Phone: 706-234-6406
www.2aveumc.org**

Pastor's Page– Rev. Dr. Millie L. Kim



Here I am, going on another pilgrimage! This time, to the Holy Land! What a privilege it is to be on a pilgrimage again after the big pilgrimage to Santiago de Compostela. I can't believe it! Life is good! You might say! What you don't know is what is going on inside of me. I always think that pilgrimage opportunities come at such inopportune times when I am so busy and when the church is so busy. I always beat myself up saying to myself, "What were you thinking? Can you really afford to go? You have heaps of to-do lists screaming at you, let alone your husband and children!" But I take it as an opportunity, a privilege, and a blessing, so here I am, going on another pilgrimage! This time Greg Gaston, Faye Kesler, and Jane Franssen are going with me, and I would like to thank you for allowing me to take this time to be away and step into the sacred!

"Pilgrimage is a spiritual exercise, an act of devotion to find a source of healing, or even to perform a penance. Always, it is a journey of *risk* and *renewal*." (*The Art of Pilgrimage* by Phil Cousineau) In this world where we look more and more but see less and less, pilgrimage opens our eyes and hearts to what is sacred to people in different parts of the world. In pilgrimage, they say that you see with the eyes of your heart. Sometimes, it is a big cathedral, a big castle, a big monument, but most often it is the food, the culture, and the people we encounter. Sometimes it is the metamorphosis of what we hold sacred in our hearts and transformation of our faith. I am convinced that pilgrimage strengthens our faith and our appreciation of God's creation including people! I always find a renewed faith in humanity through pilgrimage. Think about it. Our faith has been shaped by various pilgrims and their pilgrimages. Think about Abraham, Moses, the twelve disciples, Paul, missionaries, etc. They all set out on a journey unknown to them. The journeys they have taken were pilgrimages in which they were shaped by God and the people they encountered and through them their faith was shaped and strengthened. It is not surprising that God commanded people to make a pilgrimage to the temple in Jerusalem no matter where you lived!

Why do we make a pilgrimage? (1) To strengthen our devotion to God and faith in Jesus Christ; (2) To perform a penance; (3) To find answers we cannot find at home; (4) To encounter the holy and experience the holy sites; (5) To be healed; (6) To work on/strengthen relationships with other people; (7) To push the reset button in life; (8) To make a vow or to fulfill a vow/to recommit to a vow; (9) To release your burden or for catharsis; (10) To gain confidence or to gain vitality and so on! What makes a pilgrimage sacred is the longing itself. A desire to become a better human being and a better Christian! A desire to ask, seek, and knock is at the foundation of our Christian faith.

You may think that this is my long justification for going on yet another pilgrimage, but this really is an invitation to go on the pilgrimage with me in spirit. I will be writing throughout the pilgrimage, and JoAnn will send you all letters via email. Pray with me, pray for me, and pray for all the pilgrims.

Your Pastor,
Millie

Highlights from February in Pictures



Beth Gibbons led the program at Birthday Bash in January



Kevin Baleon, Thomas Kislak, Jesse Meredith, Theo Kislak & Rev. Millie enjoyed Confirmation Weekend at Camp Glisson



Harper Grace Jones was born on February 11, 2023. 8 pounds, 12 ounces, 20 inches long. Congratulations to her parents, Matt & Kathryn, grandmother, Beth Gibbons, and great-grandmother, Darlene Wallace!



Erna Dobbs got to see her mom



Anne Westfield has a new friend

Persons of the Week

March 05: Darlene Wallace

17 Riverview Road SE
Rome, GA 30161-6248

March 19: Mary Sue Gilleland

205 North Elm Street NW
Rome, GA 30165-2231

March 12: Lib Rogers

3126 Cedartown Hwy SW
Apt. 1105
Rome, GA 30165-1113

March 26: Mardelle Lynch

A27 The Gardens of Rome
1168 Chulio Road
Rome, GA 30161

Please remember these friends with cards, calls, visits, and prayers.

March Schedule

Acolytes:	Flowers:	Liturgists:
3/05 Sophia Kim-Soh	3/05	3/05 Greg Gaston
3/12 Jesse Meredith	3/12 Albers	3/12 Amy Astin
3/19 Kevin Baleon	3/19 Davis	3/19 Doug Meredith
3/26 Theo Kislat	3/26 Climer	3/26 Susan Stroup

Prayer List

Congregation

Genny Alexander
Lee Brock
Helen Broom
Paula Brown
Gerrie Burton & Family
Terry & Nancy Clift
Lynda & Tom Climer
Barbara & Terry
Cothran
Betty Crymes
Nancy Davis
Shirley Dodson
Lynn & Chloe Duck
Terry Duck
Carolyn Garwood
Kathryn Jones
Tommy Jones
Mardelle Lynch
Bill Pharr
Lee Upshaw
Vivian VanLandingham

Darlene Wallace
Bill & Jerry Waters
Anne Westfield

Friends & Family

Ginny Atkinson
Barry Barfield
John Brock
Jennie Blunt
Jimmy Brown
Ronnie & Shirley
Brown
Chris Butler
Norma Cannon
Barbara Conklin
Daniel Craig
Ruth Day
Bishop Robin Dease
Stephanie Dunn
T. J. Ferguson
Diana Hamer
Nita Henderson

Dan Hulhearn
Family of Barna Jones
John & Beth Kennedy
Ann Little's Family
Chad Lester
Bobby Magnicheri
Taylor Martin
The Mathis Family
Haley & Will McDonald
Tom McElroy
Posey Mitchell
Jeff Mohn
Kelly Mountain
Lynette Murphy
Jim Myrick
Camil Nedela
Skip Nordenberg
Jack & Shelvie Ozment
Peggy Pharr
Beth Pitt
Nicole Potvin
Daphne Rogers

Dean Rogers
Nicholas Rogers
Jessica Sanders
& Irelyn Fotopulos
David Stevens
Sage Teeter
Tonya
Soldiers & peoples of
Russia and Ukraine
Bill Underwood
Jerry Watford
Mitzi Wilburn
Jim Williams
Charles Wilson, Sr.
Jalen Wofford
John P. Woodward
Virginia Yarbrough

Keenagers Meet on March 2

Join the Keenagers on Thursday, March 2, at noon, for a potluck lunch. Bring a dish to share, and invite a friend for food, fellowship, and fun.

Contact Shirley Dodson (706-233-1649 or shibob@charter.net) for more information.

Second Avenue United Women in Faith Meet on March 11



Come and join with the ladies of the church at our next United Women in Faith meeting on Saturday, March 11, 2023, at 10:00 a.m. in the church fellowship hall. We will be finished by 11:30 a.m. so you can get on with your day. **The cost for brunch is \$5 per person. Please make a reservation. (It is fine to text Cindy {706-346-0786} with your reservation!)** The menu will be baked apple cranberry oatmeal, spinach quiche, fresh fruit, orange juice, and coffee.



The program will be an exploration and re-examination of the Lord's Prayer which plays a significant role in every churchgoing/church-involved person's religious practice. It is a prayer that is prayed every Sunday in almost all church gatherings, and it can sometimes feel like it is too "automatic" because we have said it so many times in our lives. We will use the version from Matthew 6:9-13, breaking it down into sections and examining with new eyes the role each part plays in our faith journey. (Portions of the study, "Living the Kin-dom: Exploring the Lord's Prayer as a Spiritual Practice for Social Transformation" written for UWF by Riva Tabela will be used.)

Because we are in the Lenten season, we will use this time to focus on prayer and self-denial. You will get a calendar of daily suggestions of ways to give to missions. A special offering will be collected at our April meeting, the Saturday AFTER Easter, April 15, 2023.

Everyone is invited to come and bring a friend! I look forward to seeing each of you on Saturday, March 11, at 10:00 a.m.!

Cindy Smith
UWF President

St. Patrick's Day Tac O'Bar on March 15

Come join us on March 15 for our Wednesday Night St. Patrick's Day Tac O'Bar Menu: Seasoned chicken and ground beef, Refried beans, Cheese, Lettuce, Tomatoes, Onions, Salsa & Sour cream, Chips, Hard shells, Tortillas, and Assorted desserts. Donations accepted, with proceeds going to the Rome Community Kitchen for their current canned food drive.



Blessings and Gratitude

Dear Friends,

Thank you so much for the candy and flowers for Valentine's Day. It was nice and made my day.

I appreciate so much your thoughts and prayers.

Mardelle Lynch

Dear Friends,

Thank you for the beautiful flowers I received for Valentines Day. It was so nice of you to think of me and it really brightened my day. Second Avenue is a very caring church! I miss you and hope to see you soon.

Much love,
Bob Baker

I have loved the beautiful carnations from the church on Valentines Day. I put them in a public area at Heatherwood and both visitors and other residents have enjoyed them.

Many thanks.
Betty Hardy

I want to thank everyone for your cards, thoughts, and especially for your love and caring during my recent health issues. It meant so much to me, and helped me through a difficult time. I thank God in my morning devotionals for having such a loving and supportive church family.

Love and Blessings to all of you,
Darlene Wallace

Thank you to all who contributed to this year's Homeless Offering. We collected \$415 which will go to directly support ministries and agencies serving those experiencing homelessness and poverty in communities across our state.

We also received \$1,465 for UMCOR disaster relief and \$1,100 in support of our missionary in Liberia, Nancy Carew.

Vital Signs

Budgeted amount needed as of February: \$37,528

Budgeted amount given as of February: \$36,663

Financial giving in month of February: \$43,228



UMCOR Sunday Offering on March 19

UMCOR Sunday is a denomination-wide celebration designed to raise awareness and support for UMCOR. The UMCOR Sunday offering underwrites UMCOR's administrative costs. This offering allows UMCOR to use 100% of all funds given to humanitarian response and recovery efforts directly to communities in need. These gifts ensure UMCOR can respond swiftly to disasters around the world and as a source of hope and healing for those left most vulnerable.

Lent Whole40 Zoom Small Group

A Small Group Opportunity with Rev. Millie Kim in Changing Our Spiritual Diet. Group meets on Tuesday Afternoons, 3pm - 4pm, Via Zoom on March 14, 21, 28, April 4, 2023. Note there is no session on March 7. Zoom ID: 889 765 8908. Passcode: 6406.

When it comes to our bodies, we may have some awareness of what is nutritious to eat and what is “junk food.” We may belong to gyms or health clubs, have nutritionists, personal trainers or exercise routines to keep our bodies in shape. But when it comes to our interior lives and what truly nourishes us in heart and soul, we may have less awareness, structure, and guidance to keep us healthy and strong. We are often more focused on external things to the detriment of our spiritual health.

Much like the popular Whole30 diet, each week of Lent we will practice “eliminating” common distraction and depletion culprits - overscheduling, social media, overuse of our phones and laptops, shopping, binge watching or listening, news consumption, and self-soothing with alcohol or food.

We’ll reflect honestly on how and why we use and abuse these things, and how they affect our bodies, minds, hearts and souls. Simultaneously, we will add nourishing whole soul foods, and whole heart activities to our lives, like more time in nature, time with friends and family, reading books and poetry, silence, creating things, and tending the earth, and see what differences these additions make in our sense of freedom, connection, and joy.

Each Tuesday, we’ll meet and check in about our Lenten practice, receive our elimination/fasting challenge for the coming week, and discuss how we will replace it by incorporating a new, spiritual whole “food” into our diets.

Lent Bible Study Group

Each Wednesday in March plan to join us in the Fellowship Hall at 1pm - 2pm, as we study the book of Acts. The Acts of the Apostles is a unique and crucial book that chronicles the story of God’s grace flooding out to the world through the lives of the apostles in the decades immediately following Christ’s ascension into heaven. In Acts: Catching up with the Spirit, author and Biblical scholar Rev. Matthew Skinner provides a broad yet theologically themed introduction to this important book and its story of the early church learning to bear witness about God’s salvation through Jesus Christ. \$15 per participant book.

Sermon Scriptures

March 05 1 Corinthians 4:1-5, John 3:1-17 | "Stewards of Mystery" | Lent 2

March 12 Rev. Timothy Gallaway, preaching | Lent 3

March 19 Ms. Amy Astin, preaching | Lent 4

March 26 1 Corinthians 15:50-58, John 11:17-27 | “Death Has Been Swallowed Up” (Handbell Choir)

Handbell Choir will perform on March 26

We hope you will be in worship on Sunday, March 26, to hear our talented Handbell Choir perform. Share the blessing by bringing a friend with you.



Confirmation Sunday is April 2

We will observe Confirmation Sunday on April 2. Our three confirmands this year are Kevin Baleon, Theo Kislak, and Jesse Meredith. Please plan to come show support as these young men confirm their membership in the body of Christ and Second Avenue UMC.

Easter Cantata on Palm Sunday

Mark your calendar and invite a friend to join us on Palm Sunday, April 2, for our upcoming Easter cantata, *“No Greater Love; Remembering the Death and Resurrection of Jesus”* by Lloyd Larson.

Community Holy Week Services on April 3-5

This year’s Community Holy Week services will be held at First Baptist Church, located at 100 East 4th Avenue, at noon from April 3-5. A light lunch will follow after the service. A donation will be collected for Good Neighbor Ministries.

Monday, April 3

Special Music: Second Avenue United Methodist Church
(Daniela Opravilova & Rev. Dr. Millie Kim)

Guided Prayers: Mental Illness - Jimmy Gentry; Loneliness - Carey Ingram

Scripture and Sermon: Rev. Dr. Renee Myers from Westminster Presbyterian Church

Tuesday, April 4

Special Music: First Presbyterian Church

Guided Prayers: Addiction - Fr. John Herring; Hunger - Fr. Raphael Carballo

Scripture and Sermon: Rev. David Boyd from St. Peter's Episcopal Church

Wednesday, April 5

Special Music: TBD

Guided Prayers: Grief - Jonathan Schwartz; Our Crosses - Micah Pritchett

Scripture and Sermon: Rev. Jacob Roberts from Second Ave Baptist Church

Upper Room

March-April Upper Room daily devotionals are now available at the church. Plan to pick yours up on Sunday or stop by the church during office hours. If you need JoAnn to mail you a copy, please contact her via phone (706-234-6406) or email (2ndave@bellsouth.net).

Second Avenue United Methodist Church

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Rome, GA 30161
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We're on the Web:
2aveumc.org

**Our Vision:
"Knowing Christ & Making Christ Known"**

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March Birthdays

3/1 Betty Hardy
3/9 Kamdyn Chapman
3/11 Chad Embree
3/18 Macy Dvis
3/20 Chloe Duck
3/20 Norma Gresham
3/22 Josh Embree
3/23 Andy Gaston
3/25 Ralph Magnicheri
3/27 Jill Borchert
3/27 Teresa Cordle
3/27 Vesper Frazier
3/28 Bill Waters
3/31 Cliff Gibson

March Anniversaries

3/05 Nancy & Ralph Davis
3/29 Lynda & Tom Climer
3/30 Buffy & Steve Davis

celebrate!

Birthdays & Anniversaries:

If we haven't included your birthday or anniversary, please contact JoAnn in the church office (706.234.6406). We want to celebrate with you!

March 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Betty Hardy 1:00pm Lenten Bible Study 7:00pm Sanctuary Choir Practice	2 12:00pm Keenagers 2:30pm Homeschool Orchestra Practice 6:00pm Hand Bell Choir Practice	3	4
5 Ralph & Nancy Davis 10:00am Sunday School 11:00am Worship Communion	6	7 10:00am Helping Hands	8 1:00pm Lenten Bible Study 7:00pm Sanctuary Choir Practice	9 Kamdyn Chapman 6:00pm Hand Bell Choir Practice	10	11 Chad Embree 10:00am United Women in Faith
12 8:00am Daylight Savings Time Begins 10:00am Sunday School 11:00am Worship	13	14 10:00am Helping Hands 3:00pm Lent Whole 40 Zoom Group	15 1:00pm Lenten Bible Study 7:00pm Sanctuary Choir Practice	16 6:00pm Hand Bell Choir Practice	17	18 Macy Davis
19 10:00am Sunday School 11:00am Worship UMCOR Offering	20 Chloe Duck Norma Gresham	21 10:00am Helping Hands 3:00pm Lent Whole 40 Zoom Group	22 Josh Embree 1:00pm Lenten Bible Study 7:00pm Sanctuary Choir Practice	23 Andy Gaston 6:00pm Hand Bell Choir Practice	24	25 Ralph Magnicheri
26 10:00am Sunday School 11:00am Worship	27 Jill Borchert Teresa Cordle Vesper Frazier	28 Bill Waters 10:00am Helping Hands 3:00pm Lent Whole 40 Zoom Group	29 Tom & Lynda Climer 1:00pm Lenten Bible Study 7:00pm Sanctuary Choir Practice	30 Carolyn Prater Steve & Buffy Davis 6:00pm Hand Bell Choir Practice	31 Cliff Gibson	